

IMMEDIATE DENTURES

You have just had an immediate denture(s) placed in your mouth. The following information will assist you to understand the sequence of events during the healing period.

- **Do not take the denture out of your mouth today for any reason.** We will remove them tomorrow. The new dentures serve as a bandage similar to a cast on a broken arm during initial healing. After the initial denture removal and adjustment by us, you may remove the dentures as needed for cleaning, and **you should remove them every night to soak in denture cleaner**
- **As soon as possible, place ice cubes in a plastic bag and place the bag externally on the area where the teeth were removed for 20 minutes then remove for 20 minutes. Repeat this for a minimum of 4 hours.** This will minimize swelling and bruising. However, some swelling and bruising may still occur for a short time.
- Some discomfort is common when teeth are removed and immediate dentures are placed. The discomfort is due to the trauma of removing teeth. Within a few days the discomfort will go away.
- The denture may have pressure or sore spots. If so, the pressure spots will be identified and removed by us as soon as you tell us about the discomfort. They will not go away by themselves.
- If you have been given antibiotics, it is important to continue with the therapy until all of the tablets are used.
- Use the pain relieving pills as directed while you are experiencing discomfort.
- Teeth have been removed from your mouth. Stitches may have been placed to help the mouth heal. If so, they will dissolve by themselves over several days, unless we tell you differently.
- Dentures have been placed to replace your missing teeth and gum tissue. Initially, these dentures will feel large and bulky until your gums have healed (AT LEAST FOUR MONTHS) and shrunken slightly, at which time we will make the dentures thinner and less bulky. The dentures may cause your speech to be altered for a few days, but this feeling will disappear soon.
- Your dentures have been relined today with a soft material that makes them easier to wear and speeds healing. It is not the final denture material. Be careful not to dislodge this soft material when cleaning.
- After four months (minimum) your denture will be relined to refine its fit to the healing supporting tissues. The cost of this procedure is NOT included in the price of the denture. **At this time the denture will appear, fit, and function as intended.**
- Healing from tooth extractions continues for up to 18 months. Shrinkage of gums and bone is obvious during that time, but it slows thereafter. You may elect to have a second reline of the denture 18 months after the initial surgery.
- Immediate dentures are a major change to your body. Don't worry if you are slow to adapt. Be patient. Millions of others have been through this experience. We expect your eventual denture to serve well for many years.

If you have questions or concerns, please contact us at 952-935-5599.
Your comfort and satisfaction are very important to us.